



RECEIVED  
UKIAH

JUL 02 2020

MENDOCINO COUNTY  
ENVIRONMENTAL HEALTH

### COVID19 SELF-CERTIFICATION FORM

Business Type:	Therapeutic Services
Business Name:	Ellie Eich, LAc // Calm Spirit Acupuncture
Business License #:	7679
Business Owner Name First: Last:	Ellen Eich
Business Owner Phone:	(707) 391-7915
Business Website (optional):	
Business Address Street: City: State / Zip	525 S. Main St Ste D <del>Red</del> Ukiah, CA / 95482

All individuals (and businesses) must follow County and State Health Officer orders which are issued under the authority of California law. As a condition of re-opening, current orders +15105043284 require, among other things, local business compliance with state and local industry-specific guidance and submission of self-certification forms. State Statute explicitly provides that Health Officer orders may be enforced by the local sheriff or other peace officers of the County. Violation of the Orders may subject a person or business to criminal or civil penalties, as well as other legal consequences. In particular, any business that violates the Health Officer's orders risks committing negligence per se, may expose itself to civil liability for all damages created by any viral transmission that occurs at their place of business. \*

I read and understand the foregoing.

#### Minimizing In-Person Interactions

Encourages employees to work remotely to promote social distancing in the workplace when feasible

- Yes  
 No  
 N/A

Re-engineered/restructured operations to provide for six feet distancing

Will have one person at a time in facility

- Yes  
 No  
 N/A



## COVID19 SELF-CERTIFICATION FORM

When feasible products and services are offered online	<input type="checkbox"/> Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> N/A
When products or services cannot be offered online, physical contact is limited between employees and customers	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
The number of people allowed in a business at a given time has been limited	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
<b>Daily Monitoring of Employee Health Requirements</b>	
Employee's temperature is verified to be below 100.0 degrees Fahrenheit	<input type="checkbox"/> Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> N/A
Employees are required to conduct self-assessments using an online tool such as	<input type="checkbox"/> Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> N/A
Implementation of personal protective equipment such as gloves, masks and other protective measures deemed appropriate for the nature of the business operations	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
<b>Safe Business Practices Requirement</b>	
Communicates and educates employees and management to carry out COVID-19 mitigation plans and protocols	<input type="checkbox"/> Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> N/A
Makes available to all <sup>clients</sup> employees hand sanitizer and other sanitation products for the frequent cleaning of employee and customer work spaces	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
Wipes down doors, handles, and surfaces on a very frequent basis and between customers	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A



COVID19 SELF-CERTIFICATION FORM

Provides training to employees on COVID-19 mitigation measures for customer-facing activities (e.g. cleaning and sanitizing standards, etc.)

- Yes
- No
- N/A

Signature: Alan Eich, LAc

Date: 6/29/2020

**Mail this completed certification form (with any required attachments) to:  
County of Mendocino Environmental Health, 860 N. Bush Street, Ukiah, CA 95482**

## **Health and Safety Plan for Acupuncture Office**

**Ellie Eich, LAc 525 S. Main St, Ste D Ukiah, CA 95482**  
**Phone: (707) 391-7915 Email: ellieeich11@gmail.com**

There will be the three signs of the Business Toolkit (updated June 24, 2020) placed on outer door and before entering office door.

There will be hand sanitizer placed just before entering the door to office, in the hall stairs. Hand sanitizers will also be in the waiting area and in the treatment room. Patients will be advised to use these upon entering and before leaving.

Patients will be instructed to wear facial coverings at all times during their time in the office except for lying face down for therapeutic/acupuncture treatment. This will be given as a reminder before each appointment via text message or phone call. I will have single-use face coverings available for anyone who does not have one. In addition, they will be reminded to not enter if they are sick or have a cough or fever.

There are no employees at this office; I am the sole proprietor.

Upon entering the office, a forehead thermometer will monitor each patient to insure that no fever is present. There will be only one patient at a time in the office, including waiting room and treatment room. Patients will be instructed to remain in their car until I give them the signal (either via text message, phone call or my physical presence) to enter the building. Thus the problem of physical distancing is not an issue.

I will clean and sanitize all surfaces between patients, change the covering on the treatment table, and put a fresh paper on top of table for extra protection. I will wash my hands frequently throughout times in and out of the treatment room, and between patients.

A bathroom is available, and will be kept clean and wiped with sanitized wipes after each person's use. All waste cans are openable with foot pedal and close tightly.

Payment methods will include card payments and checks.