

Mendocino Massage & Ayurveda business location 45180 Main st Mendocino  
business license 123132

## Protocols for health and safety in response to Covid-19

1 Describe the type of signage you will have and locations: 8X11 White Paper Flyer with Warning and advisements stating Use of Masks, Social Distancing and Hand Washing. Posted at all entrances, exits and randomly throughout the facility 12 signs posted.

Signs upon entrance of establishment and bathroom and treatment room explain all health protocols of posted with Mendocino County Approved Covid warning signs

2 Describe the PPE you will provide to your employees and clients.  
PPE provided for employees and clients are hand sanitizers in all treatment rooms, reception room, bathroom and hallway sink.

Masks available,  
Disposable gloves available to wear during sanitation.

3 Describe your plans for training employees and temporary workers on the use of PPE

No touch closed garbage cans installed.

All clients will be prescreened on the phone for symptoms and potential exposure.

All clients will be required to arrive and wear a mask for treatment.

All clients will wear mask upon entering and exiting premises.

Restrooms will be cleaned in between patients, and at end of day.

Hi touch surfaces will be wiped w/ disinfectant between customers.

No touch cash container

Sanitized pens provided.

4 Describe your plans for protecting your employees' health

All therapists required to be screened for before work for signs of illness

. They will be required to wear a mask.

They will be required to shower before work and change shirts in between clients.

Waiting room has been decluttered.

All clients will wait outside until they are text/instructed to enter the facility.

20 minutes scheduled in between use of each treatment room to sanitize. and open windows. All linens will be changed, tables and touch surfaces sanitized.

The restroom and high touch surfaces will be sanitized between each client. At the end of the day there will be thorough cleaning of the facility, All workers sanitize hands , doorknobs to treatment rooms and entrance of building , and bathroom faucets,

5 Describe your plans for protecting the health of clients.:

1. Describe how you will prevent crowds gathering at your facility:
2. Describe how you will enforce physical distancing at your facility

Clients will be scheduled so they do not overlap and instructed to wait outside until contacted for their appointment.

Family members or friends will not be permitted to wait inside for someone receiving treatment- they will asked to wait in car.

Clients will wait outside until called for their appointment so they do not need to pass other clients.

Clients will be scheduled in a staggered way so intake and payment to not overlap. ( these clients are seen singularly - so crowds gather is not a concern )

6 Describe the payment methods you will use (contactless is preferred)

We will provide sanitized pens and no touch cash plate. Venmo (a no contact way of paying/app for the phone) will be encouraged when appointments are booked

7 Describe your methods for cleaning and disinfecting locker rooms and shower facilities and the types of cleaning products you will be using- there are no showers - and will be using bleach to clean 7 tablespoons to 1 gal water

Describe how you will ensure sanitary conditions in multi-stall restrooms.:  
Not applicable for multi stalls- our office has single bathroom which is described in #4

10 If your facility has a retail area, describe the measures you will take to ensure the safety of clients and employees: There is no retails - Does not apply