

Perfect Circle T'ai Chi Martial Arts

I am a sole-proprietor and the only instructor. For the time being, I will only be holding short (30-minute) one-on-one instruction classes with clients. Group classes are only held online via Zoom. The space is large, and there is an exhaust fan in the back that pulls fresh air through the space. The doorknob has been removed from the front door to encourage hands-free entrance.

1. Describe the type of signage you will have and locations.
 - a. In addition to the signage I put up when this first started I will add signage about mask-wearing, social distancing, and not entering if symptomatic.
2. Describe the PPE you will provide to your employees and clients.
 - a. I have no employees, but I will keep disposable facemasks available for clients who forget to bring their own masks. I will also keep sanitizer available for frequent use.
3. Describe your plans for training employees and temporary workers on the use of PPE; disinfection; sanitation and other cleaning techniques.
 - a. N/A: No employees.
4. Describe your plans for protecting your employees' health
 - a. N/A: No employees.
5. Describe your plans for protecting the health of clients.
 - a. Myself and clients will be wearing masks. Classes will be one-on-one only. The classes will be short and there is an exhaust fan in the back constantly pulling through fresh air, so the dose and duration issue should not be a problem – dose should be low and duration is relatively short. Any surfaces that are touched (like punching bags) will be sanitized after each class. All group classes are held online, only.

6. Describe how you will prevent crowds gathering at your facility.
 - a. There will only be one-on-one classes, with myself as the instructor. All group classes are held online, only.
7. Describe how you will enforce physical distancing at your facility.
 - a. I will be sure to stay distanced from clients, unless they need specific adjustments. We will be wearing masks, and the adjustments will be short in duration.
8. Describe the payment methods you will use (contactless is preferred).
 - a. Online via Square.
9. Describe your methods for cleaning and disinfecting locker rooms and shower facilities and the types of cleaning products you will be using.
 - a. N/A: No locker rooms and shower facilities.
10. How will you maintain physical distancing in shower and locker rooms?
 - a. N/A: No locker rooms and shower facilities.
11. Describe how you will ensure sanitary conditions in multi-stall restrooms.
 - a. N/A: No multi-stall restrooms.
12. If your facility has a snack area, describe the measures you will take to ensure the safety of clients and employees.
 - a. N/A: No snack area.
13. If your facility has a retail area, describe the measures you will take to ensure the safety of clients and employees.
 - a. N/A: No retail area.
14. Describe the measures you will take to clean swimming pools and surrounding areas.
 - a. N/A: No swimming pools.