**Class Structure**

1. Each student is provided a specific training space that is 6 feet apart from other students.

**Class Precautions**

1. Do not attend class if you have any symptoms or are not feeling well
2. Wear a clean mask to class.
3. Wash or sanitize hands prior to class.
4. Use the restroom prior to arrival at the dojo
5. Bring your own full water bottle
6. Wash your gi after every class.

**Entering the Dojo**

1. Confirm subjective health
2. Confirm no recent exposure
3. Take temperature
4. Observe sanitation of hands
5. Bow directly onto mat and move to mat location

**Throughout Class**

1. Maintain 6 feet apart
2. Bring and use only your own weapon

**Leaving the Dojo**

1. De-sanitize any Weapon that you borrowed from the dojo.
2. One student in changing room at a time if unreasonable to wear gi home.
3. Sanitize hands before leaving

**Following Class After Students Have Left**

1. Sanitize Mats
2. Sanitize Doorknobs/Lightswitches

**Specific Mendocino County Guidelines**

1. Mendocino County Public Health signs will be placed on door into the dojo. One with the social distancing requirements, one with mask wearing being a requirement, and the sign indicating symptoms and not to enter if you are experiencing them.
2. All staff and clients must wear masks, they are responsible for bringing their own masks from home.
3. All employees will be instructed on Public Health guidelines around disinfection and sanitation of work spaces and public areas.
4. Employees who may have been exposed to COVID19, have tested positive, or are exhibiting symptoms should not show up for work. Restrooms will not be open to the public in the foreseeable future.
5. Temperatures will be screened as clients enter, they will be asked a series of screening questions about presence of symptoms.
6. Only clients who are participating in the training (limited number to allow for social distancing) will be allowed in, there will be no visitors or spectators allowed.
7. Areas for training will be identified and only a limited number of people allowed to participate at one time.
8. There is a drop box for payments that can be made by check or by cash.
9. We don’t have a locker room, only a changing room. We are encouraging clients to come dressed appropriately, but only one person in the changing room at a time, and a mask will be required at all times.
10. We do not have locker rooms or showering facilities.
11. We are keeping our restroom closed.
12. We do not have a snack or drink area. All clients are required to bring their own bottle of water.
13. We have no retail area.
14. We do not have swimming pool or spa areas.