**2021 COVID-19 RETURN TO PRACTICE PROTOCOLS:**

UYBL RETURN TO PRACTICE PROTOCOL’S

UYBL facilities may be opened and operate consistent with best practices for outdoor recreation activities set forth by the Health Officer of the County of Mendocino as follows:

A. Ensure all Volunteers and players comply with the Social Distancing and Hygiene Requirements detailed in the Purple Tier 1 guidelines which means:

1. Maintaining at least six-foot social distancing from individuals who are not part of the same household or living unit/stable cohort. UYBL will:

a. Ban all use of dugouts (Players to place their equipment within the bullpen’s or along the outside of the fence line distanced 6ft apart.

b. Parents/Guardians will not congregate closer than 6-10ft in distance and will follow the current state/county tier guidelines.

c. No “high-fives,” handshakes, or other direct touching celebrations are allowed; and

d. No spitting, eating sunflower seeds, gum or other sharable foods. This includes after game snacks.

2. Frequently washing hands with soap and water for at least 20 seconds, and/or using hand sanitizer that is recognized by the Centers for Disease Control and Prevention as effective in combatting COVID-19. UYBL will require that each participant follow this provision before each practice and each volunteer performing instruction shall have available sanitizing material for use.

3. Covering coughs and sneezes with a tissue or fabric or, if not possible, into the sleeve or elbow (but not into hands). UYBL will consistently instruct volunteers and players to follow this protocol.

4. Wearing a Face Covering when out in public, consistent with the Face Coverings Requirements (See Section B below).

5. Avoiding all social interaction outside the household when sick with a fever, cough, or other COVID-19 symptoms. UYBL will conduct an oral questionnaire with each adult dropping off players as set forth in section C below.

B. Ensure all Personnel and clients comply with the Face Covering Requirements which require:

1. All volunteers to wear face coverings, at all times, while at any field or engaging in outdoor recreational or sport activity when Social Distancing and Hygiene Requirements are met at all times.

2. This does not apply if a face covering may pose a risk to the person wearing the mask for health-or safety related reasons, however, one should remain 6-10ft apart from others.

C. UYBL requires each team to have Managers & Coaches trained with the COVID-19 Guidelines.

1. Prior to the first practice, the team manager will contact each family and discuss with them the new UYBL COVID-19 protocol.

2. The first practice should include a team discussion on the UYBL Covid-19 protocol and the league’s expectations regarding PPE, Social Distancing, health screening, health reporting & equipment sanitation and use.

3. The mandatory team parent and or Coach/Manager during each practice will: a. Orally ask the guardian who drops off the player about any COVID-19 related issues. If necessary, the coach will contact the UYBL Safety Officer at (707) 391-9030, who will then make a written record of the adult or player who has any of the following symptoms consistent with COVID-19:

* Fever of 100.0 degrees Fahrenheit or greater
* Cough
* Sore throat
* Shortness of breath
* Unusual headaches
* Severe fatigue
* Chills
* Gastro-intestinal symptoms such as diarrhea or stomach cramps; or
* Loss of sense of smell or taste.
* Any direct contact with a COVID-19 positive individual(s) in the past 14 days.

b. Each team will be provided with an infrared non-contact thermometer.

4. If the potential adult or player answers yes to any one of the screening questions, that person shall not enter UYBL facility and should contact their primary health care physician for further instruction.

5. When a team manager becomes aware of a coach, player or volunteer that is ill with flu like symptoms, they shall report it to the UYBL League Health Safety Officer immediately at (707) 391-9030.

6. Any UYBL player, coach or manager that is ill with flu like symptoms will not be allowed to attend or return to UYBL events until after they have spoken with the UYBL Health Safety Officer and the UYBL Health Safety Officer determines that the individual can return to UYBL events. Please report by email when someone is showing these signs: beauw9@gmail.com

7. UYBL will require that any UYBL player, coach, manager or volunteer that is suspected of contracting COVID-19 self-quarantine as recommended by the Mendocino County Health Safety Officer and seek medical treatment from their healthcare provider.

8. The UYBL League Health Safety Officer will report any suspected COVID-19 case to the UYBL Board for proper team/division/league notification.

9. The UYBL League Health Safety Officer will investigate the possibility of spread to the UYBL community and report to the Board their findings and recommendations ASAP.

10. No player, coach, manager, volunteer that is/was known to have COVID-19 will be allowed to return until after they received clearance from their doctor to return to organized youth activities.

11. If 3 or more UYBL individuals (i.e., coach/manager/player/volunteer) is suspected of being ill with COVID 19 at the same time, the season will be suspended immediately. The board will notify the County of Mendocino Health Officer. The board will collect any possible contaminated equipment so that it can be sanitized. All UYBL facilities will be closed and cleaned.

D. Sanitize any equipment that was touched by another player or adult during practice.

E. Groups must be limited to a maximum of 12 individuals per group and no more than 3 instructors, other Volunteer and an adult must always be present with a youth under 18 years of age.

F. All direct contact shall be avoided. No tournaments, competitions, or other similar sporting events. No games with fans will be allowed. Instructional activities are the only activities allowed.

G. Participants will be encouraged to provide their own equipment to the greatest extent possible. Any sharing of equipment will be sanitized after each use.

H. There will be no congregating before or after practice.

I. Adults and players will provide or purchase their own water bottles, sunscreen, and personal food if such food is necessary for health reasons.

J. UYBL shall post signs at the front entrance of the UYBL facility a copy of these rules and social distancing reminders. UYBL shall post appropriate signage throughout the facility.

K. UYBL’s high touch areas will be cleaned before each day that practices are held.

L. A violation of these protocols is grounds for suspension for UYBL activities.